



Bishop's Castle  
Town Hall

# AMANDA'S BREAD

## **Ordering**

Some of the items such as the *slow yeasted breads* are made some weeks but not every week, but we can always put a desired dough in the book to be made the following week.

Vegan pasties vary week to week, so please ask what is being made this week.

Cakes also tend to vary week to week, so please ask to find out the cakes being made this week.

### **Ordering deadlines**

Please get your order to us ....

by **Monday** for collection at Montgomery Market

on **Thursday** morning and for local deliveries in the afternoon  
and

by **Wednesday** for delivery in other localities on **Saturday**

### **Payment**

We encourage bank transfer (BACS) to be safe but will accept  
cheques or cash in an envelope.

### **Bank details**

TBA

### **Delivery charge**

We are not adding any charges to our usual market prices for delivery  
at present. If this needs to change we will let you know.

### **Delivery details**

We can agree a convenient time and place to meet you safely, e.g.,  
Knighton Community Centre car park, Presteigne Memorial Hall car  
park etc.. Alternatively, we can deliver to your home and leave your  
order in a safe place.

Thank you,

Amanda and Julian.

### **Our mailing address is:**

Bishop's Castle Town Hall, High Street, Bishop's Castle, Shropshire, SY9 5BG

## Amanda's Bread

**Order from:** [asimpsonatkins1@gmail.com](mailto:asimpsonatkins1@gmail.com) / Amanda 0775 993 9526 / Julian 0771 870 4814

Here is a list of our products, everything is vegetarian / vegan.

Large loaves 800g / small loaves 400g.

### **SOURDOUGHS:**

Sunflower sourdough large £3.50 / small £2.20

Black olive sourdough large £4.00 / small £ 2.80

Sundried tomato and fennel seed sourdough large £4 / small £2.80

100% rye sourdough with sunflower seeds £2.50

100% rye sourdough with caraway seeds £2.00

100% rye sourdough £2.00

### **SLOW YEASTED DOUGHS: (doughs available depending on demand. Please ask.)**

wholewheat 5 seed (incl sesame seeds) £2.50

spelt and wheat £2.30

100% wholewheat £2.20

white £2.00

no-gluten poppy seed and sesame seed bread £2.00

### **Enriched doughs (contain butter and cows milk) :**

milk loaf £2.50

milk buns 50p

cinnamon swirl milk loaf £3.00

cheese and chutney swirl milk loaf £3.00

fruited loaf / hot cross loaf £3.00

hot cross buns £1.30

### **SAVOURIES:**

savoury rolls £1.40 (incl. sesame seeds)

cheese and onion scones £1.20

sourdough pizzas £2.60

pasties £2.90 with variety of seasonal fillings (usually vegan) e.g. lentil & chestnut / sweet potato, peanut & lime / spring greens, tomato & basil, etc. **(Please ask for weekly pasties)**

### **CAKES: (vary weekly, but we aim to have at least 1 vegan and 1 no-gluten per wk)**

cloister cake (fruitcake with no fat, egg or sugar)

chocolate brownie (no gluten, reduced sugar)

fruit and seed flapjack

sticky pear and ginger

plus many other cakes with reduced sugar and some with local, seasonal fruit.

**(Please ask to find out weekly cakes.)**

### **JAMS AND CHUTNEYS :**

A variety of local fruit jams and local veg chutneys plus marmalade, all reduced sugar.

### **ALLERGEN INFO :**

Everything is made by Amanda and Julian in our kitchen in South Shropshire using good quality, seasonal and many organic ingredients. We use allergens in our baking including **sesame seeds, gluten, milk, soya, celery, sulphur dioxide, peanuts, lupin, and mustard.**

Although we endeavour to avoid cross contamination, we cannot guarantee that our products are **free from** any of these allergens. If you have any dietary requirements please speak to us to find out more, we are happy to accommodate your needs where we can.